

Sherry Lin, MFA, RDN

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11319 Miranda St. Los Angeles, CA 91601

EDUCATION & AWARDS

University of Michigan

Master of Fine Arts in Dance (Full Academic Scholarship Recipient)

Grants: Graduate Research, Diversity, Equity, & Inclusion, Entrepreneurship (\$20,000+)

Certificate in World Performance Studies

Ann Arbor, MI

Aug 2020

University of Illinois at Chicago

Bachelor of Science in Nutrition - Coordinated Program

Chicago, IL

Dec 2012

EXPERIENCE

Registered Dietitian Nutritionist

Nourishment Works & Your Life Nutrition

- Empower clients recovering from eating disorder and disordered eating behaviors through motivational interviewing
- Provide 1-on-1 counseling through HAES, intuitive eating, and a non-diet approach

Los Angeles, IL

Nov 2020 - Present

Founder

Rhythm and Nutrition, Inc.

- Facilitate group-based nutrition seminars focused on holistic wellness, meal planning, and injury prevention for over 120 performing artists
- Engage 10-15 students in a judgment-free learning environment while teaching weekly online dance classes

Chicago, IL

Aug 2017 - Present

Graduate Student Instructor

University of Michigan, Department of Dance

- Created syllabi to instruct 60-80 students per semester in introductory hip hop and modern dance
- Utilized student-centered teaching to enhance personal kinesthetics and self-awareness

Ann Arbor, MI

Aug 2018 - May 2020

Food Service Coordinator

Breakthrough Urban Ministries

- Managed food service operations including menu development for over 5,000 guests monthly, meal preparation, kitchen management and administrative duties
- Performed participant-driven counseling for guests with a range of diagnoses including anxiety and depression
- Collaborated with multidisciplinary team including behavior health specialist and partnering physicians

Chicago, IL

Nov 2013 - July 2018

Clinical Dietitian

Holy Cross Hospital

- Conducted daily nutrition assessments for 10-15 patients in rehabilitation, intensive care, and general floors
- Delivered medical nutrition therapy for a range of clinical diagnoses including diabetes and heart failure

Chicago, IL

Jan 2014 - Jan 2017

COMMUNITY ENGAGEMENT

Taiwanese American Foundation (TAF)

Program Director, Speaker

- Recruited and trained 10-12 staff members and coordinated conference logistics for 250+ participants
- Partnered with the executive board to resolve staff conflicts and achieve a positive conference experience for participants

Manchester, IN

Aug 2006 - 2013, 2018

Park Community Church

Small Group Leader, Member

- Supported and facilitated weekly small group discussions to foster stronger faith communities
- Organized community outreach events to tutor and teach dance at the Boys and Girls Club

Chicago, IL

Oct 2015 - Jun 2018

SKILLS

- Fluent in English and Mandarin Chinese, Conversational in Taiwanese, Basic knowledge of Spanish
- Motivational Interviewing, Team Management, Communication Skills, Community Outreach
- Proficient in Microsoft Office (Word, Excel, Power Point, Access) and Adobe (Premier Pro and Photoshop)